

Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.00 – 7.00 am		General Janie	Student teacher only \$5	General/Strong Janie			
7.00 – 8.00 am	General Janie		General Janie	Student teacher only \$5	General Beth		
8.30 – 9.30 am						General/Strong Janie	
9.30 – 10.30 am							General Allison
12.15 – 1.00 pm 45 mins	General Janie	General Janie	General Janie	General Beth	General Janie		
1.15 – 2.00pm 45 mins			Student teacher only \$5				
6.00 - 7.00 pm	General Janie	General Allison	General Janie	sexual health & pre-natal Janie	Student teacher only \$5		
7.15 – 8.15 pm	women's health & pre-natal Janie			Student teacher only \$5			

Student teacher classes

These classes are \$5, but you can also use your monthly, fortnightly or weekly pass for the student teacher classes.

Student teacher classes will be fully supervised by Janie until students gain enough experience.

Sexual health & pre-natal

Thursday, 6 pm class is now open to men and women. Preference will be given to pregnant women, but we will also work on men's health too!